

# Faith@Home

## Appraisal





# Faith@Home

## REFLECT

Assess your level of intentionality over the past 120 days. Complete and return to HomePointe

### Personal

- Spent time alone in God's word 3-5 times per week.
- Spent time in private prayer and reflection daily.

### Marriage

How intentional have you been? (Check all that apply)

#### NURTURING INTIMACY:

- Had a "date night" twice or more per month to focus on one another without the children
- Wrote a note, gave a flower or some other tangible expression of love at least twice per month
- Called during the day, sat down to chat, took walks together, or some other time of focused, non-task driven communication at least three times per week
- Prayed with my spouse (other than saying grace over a meal) at least twice per week
- Demonstrated meaningful touch (hugs, kisses, caressing) and/or verbal affirmation (words of appreciation, admiration, affection) at least once per day

#### AVOIDING DANGERS:

- Took steps to reduce risk to my marriage in vulnerable areas (bad temper, sexual temptation, office relationships, time away from home, demeaning language, substance abuse, etc.) by establishing and/or maintaining boundaries, increasing accountability, etc.
- Made a consistent effort to take care of myself physically and emotionally to be the best lifelong partner I can be
- Admitted I was wrong and apologized and/or forgave *before going to bed* after conflicts with my spouse



### Marriage Intentionality Summary

Based upon your answers above, circle the item that best describes your level of intentionality over the past 120 days with regard to building a life-long, thriving marriage.

**A:** Very Intentional • **B:** Not Bad • **C:** Hit and Miss • **D:** Mostly Miss • **F:** Totally Haphazard  
Not Applicable (unmarried)

## Faith @ Home

*How intentional have you been? (Check all that apply)*

### PARENTS:

- Did something special with my children (hobby, ice cream date, movie night, etc.) at least twice per month
- Connected relationally with my children (chatting, helping with homework, eating dinner together at the table, etc.) at least once per day
- Created or captured an occasion within the home for passing my beliefs and values to my children (family night activity, mealtime conversation, bedtime reading, etc.) at least once per week
- Prayed with my children (including meals, bedtime, etc.) at least five times per week
- Admitted I was wrong and apologized and/or forgave *before going to bed* after conflicts with my children
- Served together (service project, family mission trip, volunteer in children's ministry, etc.) and/or participated in an intergenerational faith experience other than regular church services (father/daughter banquet, father/son event, parent/teen Bible study, etc.) with my children at least once in the past 120 days

### GRANDPARENTS:

- Did something to foster a relational connection with my grandchildren (wrote a letter, hobby, ice cream date, movie night, phone conversations, etc.) at least once per month
- Did something intentional to directly (with grandchildren) or indirectly (assisting the parents) help my grandchildren inherit a strong spiritual legacy at least once in the past 120 days
- Served in a ministry, missions or service project or participated in an intergenerational faith experience with my grandchildren at least once in the past 120 days



## Faith @ Home Intentionality Summary

*Based upon your answers above, circle the item that best describes your level of intentionality over the past 120 days with regard to passing faith to the next generation.*

**A:** Very Intentional • **B:** Not Bad • **C:** Hit and Miss • **D:** Mostly Miss • **F:** Totally Haphazard  
Not Applicable (no children/grandchildren)

## Walk Matching Talk

*Would your family say that your life at home reflects what you claim to believe?*

**A:** Consistently • **B:** Most Times • **C:** Hit and Miss • **D:** Mostly Miss • **F:** No

# The Resolution

I do solemnly resolve before God to take full responsibility for myself, my wife, and my children.

**I WILL** love them, protect them, serve them, and teach them the Word of God as the spiritual leader of my home.

**I WILL** be faithful to my wife, to love and honor her, and be willing to lay down my life for her as Jesus Christ did for me.

**I WILL** bless my children and teach them to love God with all of their hearts, all of their minds, and all of their strength.

**I WILL** train them to honor authority and live responsibly.

**I WILL** confront evil, pursue justice, and love mercy.

**I WILL** pray for others and treat them with kindness, respect and compassion.

**I WILL** work diligently to provide for the needs of my family.

**I WILL** forgive those who have wronged me and reconcile with those I have wronged.

**I WILL** learn from my mistakes, repent of my sins, and walk with integrity as a man answerable to God.

**I WILL** seek to honor God, be faithful to His church, obey His Word, and do His will.

**I WILL** courageously work with the strength God provides to fulfill this resolution for the rest of my life and for His glory.

*As for me and my house, we will serve the Lord.*

– Joshua 24:15